Eastern Countries involved in ERNs - Opportunities & Barriers

ePAG Patient Representative's Perspective

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It is hard to understand the complexity of Rare Diseases





Needs

- screening for RD: prenatal/neonatal;
- education and training programs
- registries and statistics
- access to a genetic testing program
- medical & assistive devices
- social care, integrated care, information
- off-label treatment
- experts





Needs

- timely diagnosis
- centers for assistance and care
- continuity of care
- complementary support services
- research
- specialization of the medical staff
- need for advice on how to access EU Grants
- possibilities to contact other patients with the same disease

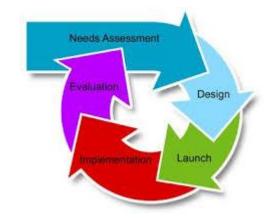






Needs

- A real functioning of the centers
- Therapeutic guidelines
- Training for therapeutic education
- Rehabilitation programs
- Case management
- Access to off-label medicines
- Specialized centers in RD
- Coordination of care







Opportunities

1. Ensure "home for every RD"

- better understanding the needs of patients and families,
- even more chances for very rare undiagnosed patients to find the diagnose,
- clearer image of care services for patients with RD at EU level and in each MS

2. Reduce costs at national level with sharing of resources

 better diagnose and lower prices for genetic tests and other intervention because of concentration and orientation of expertise

3. New culture of patient centred view

- better collaboration among experts and patients,
- better advocates for patients' rights,
- better empowerment and awareness





Opportunities

4. Better quality of care

- more visibility to expert centers, patient networks,
- common clinical guidelines and common approach on RD care,
- gained knowledge and expertise,
- regular monitoring, independent assessments,
- better patient experience,
- better health outcomes



Cross-border Healthcare Directive

5. Better collaboration

- sharing of best practices, care pathways,
- team development and increased national and international cooperation among experts and patients,
- EU registries for RDs,
- Better coordination of patients and reduced waiting time for diagnostic and care

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Barriers

1. At political level

- inequalities in terms of political support and commitment,
- unstable political environment,
- high rotation of civil servants,
- lack of ownership and clear responsibility,
- lack of communication among authorities

2. At the level of health care system

- different level of development in different MS,
- different level of expertise, brain drain,
- not enough and/or overworked specialist and multidisciplinary teams,
- inequalities in access to resources (health and care services, diagnostic tools, treatments approved, research funding),
- access to funding in general,
- bureaucracy and corruption (out of pocket payment)
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Barriers

3. At the level of patient organizations

- different level of organizational development for PO,
- lack of time and human resources,
- lack of money, financial uncertainty,
- language barrier,
- lack of awareness, low member activity and participation,
- too much administration and bureaucracy,
- problems with willingness to cooperate, lack of trust,
- Conflicts with other services, professions

4. At the level of RD families

- lack of information,
- big financial burden



Thank you

